

University of Pretoria Yearbook 2018

Fundamental nutrition 143 (JXE 143)

Qualification Undergraduate

Faculty [Faculty of Education](#)

Module credits 8.00

Programmes [Higher Certificate Sport Science Education](#)

Prerequisites No prerequisites.

Contact time 3 lectures per week, Online hybrid supported

Language of tuition Module is presented in English

Department Humanities Education

Period of presentation Quarter 2

Module content

Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management.

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